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# Cascading community and ecosystem consequences of introduced palms in tropical islands\*

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27 ABSTRACT

28

29 Biological invasions are a pervasive and dominant form of anthropogenic  
30 disturbance. However, we seldom have the opportunity to evaluate the long-term,  
31 indirect, and often slow-moving cascading effects of invasions at the community and  
32 ecosystem scale. Here we synthesize the collective knowledge from 10 years of  
33 study on the influence of the deep historical introduction of coconut palms (*Cocos*  
34 *nucifera* L., 1753) across a series of islets at Palmyra Atoll. Through a suite of  
35 pathways, we find this palm drives near-complete ecosystem state change when it  
36 becomes dominant. Abiotic conditions are transformed with major soil nutrients 2.7  
37 to 11.5 times lower, and water stress 15% elevated in palm-dominated forests,  
38 compared with native forest. Faunal communities are likewise dramatically altered,  
39 not only in composition but also in behavior, body size, and body condition. Biotic  
40 interactions, including herbivory rates, palatability, and seed predation are likewise  
41 changed. Cumulatively, these changes transform food webs, leading to dramatically  
42 shortened and simplified food chains in invaded ecosystems. Many of these changes  
43 appear to create slow-acting feedback loops that favor the palm at the expense of  
44 native species. Given the widespread nature of this historical introduction, many  
45 island and coastal regions of tropical oceans may be similarly transformed.

46

47 **Keywords:** invasive species, introduced species, historical introductions, ecological  
48 cascades, bottom-up processes, ecological harbingers, spatial subsidies, *Cocos nucifera*

49

50

## 51 INTRODUCTION

52 Biological invasions are considered to be one of the most influential drivers of global  
53 change (Tylianakis et al. 2008). Building on a deep history of invasive species  
54 research (Elton 1958) we have an increasingly well-developed understanding of  
55 how invasive species can shape different properties of ecosystems (Ehrenfeld 2010;  
56 Vilà et al. 2011; Gaertner et al. 2014). Yet, this work, often by necessity, focuses on  
57 relatively short-term effects that are relevant to most recent invasions, and thus on  
58 pathways that operate over relatively short time periods. Not only does this limit  
59 the type of pathways that can be observed, but it may tend to underplay the  
60 magnitude of effects. For instance, much of the debate about the extent to which  
61 invasive species tend to cause extinction and declines in diversity (Gurevitch and  
62 Padilla 2004; Bellard et al. 2016) are likely unresolved in part because there may  
63 often be long time lags in effects following invasion, including extinction debts that  
64 accrue before extinctions occur (Gilbert and Levine 2013). Indeed, the effects of  
65 invasion on ecosystem processes and community structure are likely dependent on  
66 both spatial (Powell et al. 2013) and temporal (Ehrenfeld 2010; Vilà et al. 2011)  
67 scale of invasion, because the ecological consequences of invasion are often  
68 heterogeneous, slow-occurring, and not detectable until well after impacts on  
69 species and communities have occurred. Historical (multi-decadal) species  
70 introductions thus provide an interesting opportunity to examine effects of  
71 invasions over larger temporal as well as spatial scales.

72

73 Humans have transported non-native plants and animals with them to colonize new  
74 places for thousands of years. These include both accidental introductions and the  
75 intentional introduction of crop and food species (Kowarik 2003; Hulme 2009).  
76 Indeed, many species that are now considered invasive were originally introduced  
77 intentionally for human benefit (Vitousek et al. 1997; Mack et al. 2000; Thuiller et al.  
78 2006; Tylianakis et al. 2008; Simberloff et al. 2013). In the United States alone, it is  
79 estimated that 85% of the 235 invasive woody plants were intentionally introduced  
80 (Reichard and White 2001). However, while the transport of new and potentially  
81 invasive species to new habitats is not a new phenomenon, the rate of introduction  
82 of invasive species has accelerated in modern times. For example, Polynesian arrival  
83 Hawaii (between 300 and 1300 CE), appeared to drive an increase in invasive species  
84 colonizations increased from background rates of one species every 50,000 years to  
85 3-4 species per century. In comparison, in the last few decades, it is estimated that  
86 ~20 species have been introduced each year to Hawaii (Ewel et al. 1999). The  
87 current high rate of global invasion poses huge biological and economic costs  
88 (Pimentel et al. 2000; Hulme 2009). However, management and eradication must  
89 be carefully weighed both because of the frequently large costs of implementation  
90 and maintenance, and because of the potential for unintended negative  
91 consequences of removal of invasive species once they have become established in  
92 new systems (Zavaleta et al. 2001; Bergstrom et al. 2009).  
93  
94 It is thus critical to understand the extent of negative impacts of invasive species, so  
95 that they can be compared with the risks and costs of management or eradication.

96 We therefore need more research exploring effects at large spatial and temporal  
97 scales to not only catch abrupt and drastic state shifts (Barnosky et al. 2012; Brook  
98 et al. 2013), but also the slow-acting, long-term and landscape-scale effects of  
99 invasive species. Though in number they are now dwarfed by the recent global flux  
100 of modern invasions, historical species introductions offer a critical opportunity to  
101 fill gaps in our understanding of the impacts of invasive species.

102  
103 One noteworthy historic species introduction that is now invasive in much of its  
104 range is the coconut palm (*Cocos nucifera* L., 1753) (Rejmánek and Richardson  
105 2013). Coconut palms are an iconic symbol of tropical coastal ecosystems  
106 worldwide. Yet, this palm is thought to have originally only occurred in scattered  
107 populations on islands and coastlines in the equatorial Indian and Pacific Oceans  
108 (Baudouin and Lebrun 2009). Its spread was facilitated through a series of  
109 introductions, likely first by Austronesian voyagers over 1500 years ago, who  
110 utilized the palm for food and fiber on transoceanic journeys (Gunn et al. 2011),  
111 then by early European explorers, and more recently by 19<sup>th</sup> century European  
112 agricultural entrepreneurs who intensively planted coconut palms for copra  
113 production. As a result, coconut palms can now be found as largely monodominant  
114 forests across a wide range of tropical coastal environments (Harries 1978; Foale  
115 2005). Indeed, during the boom in copra production during the 19<sup>th</sup> century,  
116 coconut palm planting actively displaced hundreds of thousands of hectares of land  
117 previously occupied by intact rainforests (Foale 2005). Although coconut  
118 production has currently been overshadowed by other tropical crops, there are still

119 at least 12 million hectares (approximately the size of the United Kingdom) of  
120 planted coconut palm distributed across nearly 90 countries in tropical regions  
121 (Foale 2005). Although purposefully planted across the tropics, coconut palms are  
122 considered invasive in the Pacific, Indian, and Caribbean Island regions, where  
123 populations planted by Austronesian voyagers and later during the copra boom of  
124 the 1800's have largely been left unmanaged in recent times (Rejmánek and  
125 Richardson 2013). In some cases the positive ramifications of coconut palms for  
126 humans (e.g. direct benefits from provision of non-timber forest products, indirect  
127 benefits from coast line stabilization from these saline tolerant plants) may  
128 outweigh the negative ecological ramifications, but to date the ecological costs have  
129 not been well considered.

130

131 Like many intentional introductions that subsequently become invasive, coconut  
132 palms are successful invaders in large part because of human propagation. Human  
133 introduction and care reduces environmental stochasticity typically faced by  
134 founder populations that might otherwise go extinct (Mack 2000), and also allows  
135 new species to be introduced in large enough populations for them to become self-  
136 sustaining and to grow beyond the extent of their original introduction (Kowarik  
137 2003; Lockwood et al. 2005). However, as we document here, coconut palms also  
138 possess traits that allow them to establish dominance in invaded systems; as, like  
139 other ecosystem engineers, they create habitats suitable for their own survival  
140 (Jones et al. 1994; Cuddington and Hastings 2004).

141

142 Here we draw on a ten-year case study of the many cascading impacts of the  
143 historical invasion of coconut palms in the tropical Pacific, illustrating effects at both  
144 the community and ecosystem levels. This body of work illustrates changes at  
145 several spatial scales and documents how introductions can lead to long-term and  
146 often slow-acting changes. This research may thus provide important insights on  
147 how diverse attributes of tropical ecosystems have been fundamentally altered by  
148 this species alone, while also highlighting several novel mechanisms that may  
149 operate in other invasive systems. Particularly, we emphasize how the indirect  
150 effects of invasion, when played out over long time periods, have influences that  
151 cascade and intertwine in complex ways, often perpetuating fundamentally altered  
152 ecological regimes.

153

#### 154 **Study System: Palmyra Atoll**

155 This research was conducted in the wet tropical forest ecosystems of Palmyra Atoll  
156 (162°05' W, 5°53 N), located in the Central Tropical Pacific in the Northern Line  
157 Islands. This atoll is now administered as part of the Pacific Remote Islands Marine  
158 National Monument and consists of a ring of approximately 23 low-lying islets  
159 composed of calcium carbonate coral rubble overlaying a limestone base (Fig 1).  
160 Soils range from very nutrient poor sandy coral rubble to deep phosphate rich  
161 humic soils. The islets range in size over four orders of magnitude, from  $5.29 \times 10^2$   
162 to  $2.60 \times 10^6$  square meters and span an area of 20 square kilometers. The majority  
163 of the nutrients in this, as in other coral derived ecosystems (Schmidt et al. 2004;  
164 Young et al. 2010a), come from seabird guano fertilization. Palmyra receives an

165 average of 4.5 m of rainfall a year; combined with porous sandy soils, this means  
166 that extremely high rates of nutrient input are continuously required to maintain  
167 soil fertility.

168

169 There is no current human inhabitation on the atoll beyond a small research center  
170 established on one islet in 2005. The only history of extensive human habitation is  
171 that of a brief but intense occupation during World War II when the atoll was used as  
172 a military base. During this occupation in the 1940's, major dredging and land  
173 moving activity was conducted, much of the vegetation on Palmyra was modified,  
174 and several new islets were constructed. After the war the atoll was largely  
175 undisturbed, although some additional planting of coconut palms did occur when it  
176 was briefly run as a copra plantation after the war (Dawson 1959; Collen et al.  
177 2009).

178

179 Ecologically, Palmyra is best known for its relatively pristine coral reef ecosystem,  
180 but it also supports large and regionally important seabird colonies. These include  
181 the world's second largest population of nesting red-footed boobies (*Sula sula* L.,  
182 1776) in the world (~25,000 individuals). There are also large colonies of sooty  
183 terns (*Onychoprion fuscatus* L., 1766; ~875,000 individuals), and black noddies  
184 (*Anous minutus* Boie, 1844; ~6,500 individuals), as well as smaller populations of  
185 white terns (*Gygis alba* Sparrman, 1786), greater and lesser frigatebirds (*Fregata*  
186 *minor* Gmelin, 1789; *F. ariel* Gray, 1845), brown noddies (*Anous stolidus* L., 1758),  
187 masked boobies (*Sula dactylatra* Lesson, 1831), brown boobies (*Sula leucogaster*



188 Boddaert, 1783), and white tailed and red-tailed tropicbirds (*Phaethon lepturus*  
189 Daudin, 1802; and *P. rubricauda* Boddaert, 1783). All of these species are truly  
190 pelagic, using the atoll only for nesting or roosting habitat. Given strong global  
191 declines in pelagic seabirds (Paleczny et al. 2015), Palmyra's seabird nesting  
192 grounds are a critical refuge for many of these species.

193

194 Palmyra's terrestrial communities are otherwise notably species poor, and mainly  
195 consist of a few plant and arthropod consumer species as might typify a remote  
196 atoll. Palmyra's canopy is dominated by seven species of plants (in order of  
197 abundance *C. nucifera*, *Heliotropium foertherianum* Diane & Hilger, *Scaevola taccada*  
198 (Gaertn.) Roxb., *Pisonia grandis* R. Br., *Pandanus tectorius* Parkinson, and *Terminalia*  
199 *catappa* L.). Of these, only *C. nucifera* and *T. catappa* are thought to be non-native; *T.*  
200 *catappa* is restricted to the one inhabited islet of Palmyra. The *P. grandis* population  
201 at Palmyra is one of the largest remaining intact stands in the Pacific (Handler et al.  
202 2007). The understory is likewise species poor and dominated by just two ferns,  
203 *Asplenium nidus* L., and *Phymatosorus scolopendria* Burm. f.

204

205 In terms of macroscopic consumers, Palmyra is thought to support approximately  
206 120 species of insect and spider arthropods; >85% are presumed to be introduced  
207 to the atoll (Handler et al. 2007). The only vertebrate consumers on the island are  
208 three species of gecko, two native species (*Lepidodactylus lugubris* Dumeril &  
209 Bibron, 1836 and *Lepidodactylus* sp.) that reproduce via parthenogenesis, and one  
210 introduced species (*Hemidactylus frenatus*, Dumeril & Bibron 1836) that is largely

211 confined to the single inhabited islet of Palmyra. The atoll supports populations of  
212 seven species of land crabs, including a healthy population of coconut crabs (*Birgus*  
213 *latro* L., 1767), the world's largest terrestrial arthropod.

214

215 The history of coconut palms on Palmyra is likely typical of many other islands in  
216 the Pacific. Based on best available historical evidence, it seems likely that palms  
217 were brought to the region in the last 1,500 years (Matisoo-Smith and Robins 2004;  
218 Gunn et al. 2011). However, coconut palm abundance on the atoll expanded  
219 considerably between 1850 and 1970 due to periodic small-scale cultivation efforts.  
220 Coconut palm's population in the mid-1800's was documented at approximately  
221 4,000 reproductive trees, a number that has since increased to approximately  
222 53,000 reproductive adults across the atoll in 2005 (Dawson 1959; Wegmann  
223 2009). Currently, more than 50% of the atoll is covered in coconut palms, with  
224 canopy cover of individual islets ranging from 0% to 100% palm cover. Where it  
225 occurs on the atoll, it is most often a monoculture with a dense canopy (Young et al.  
226 2014). As we highlight below, current data suggest this species is likely still slowly  
227 encroaching on native forests on islets where both coconut palm and native  
228 vegetation types occur. There is no other native palm that occurs on the atoll.

229

### 230 ***Cocos nucifera* dominated communities are floristically transformed**

231 By definition, palm-dominated communities (which we have categorized as forests  
232 with >75% basal area of coconut palms; Young et al. 2010a) have very different  
233 canopy compositions than do native-dominated stands. However, the floristic

234 composition and structure of palm-dominated forests also varies in many other  
235 ways. Structurally, palm-dominated forests have much higher stem density both in  
236 the canopy and in the understory than do native-dominated communities (40% and  
237 300% higher respectively), as well as modestly higher total standing basal area (8%  
238 higher) (Young et al. 2010b). Palm-dominated forests also have much lower plant  
239 species diversity not only in the canopy (Shannon index of 0.57 in native versus 0.44  
240 in palm forests) but, even more pronounced, in the understory (0.57 versus 0.27  
241 respectively) (Young et al. 2010b). On the forest floor, palm-dominated forests tend  
242 to be covered in dense, slow-decomposing litter consisting primarily of nuts and  
243 fronds, with three times more total litter cover than in native forests. Growing  
244 through this litter mat, herbaceous cover, primarily composed of two common ferns,  
245 *A. nidus* and *P. scolopendria*, is approximately twice as high in palm as compared to  
246 native forests (Young et al. 2010b).

247

### 248 **The seabird connection**

249 Many tropical seabird species, including two of the dominant and resident species in  
250 this system –red-footed booby and black noddy– are tree nesting. Atoll-wide bird  
251 surveys conducted in 2006 along both the coasts and interior of the islets, showed  
252 that, as a group, seabirds strongly prefer to nest in native *P. grandis* and *H.*  
253 *foertherianum* trees, and have a strong aversion to the use of coconut palm forests,  
254 especially for nesting habitat. Only 12% of the more than 6,000 birds surveyed were  
255 observed on coconut palms, and then, largely only roosting, not nesting. For the  
256 large-bodied and hyper-abundant red-footed booby (more than 75% of total bird

257 biomass), only 5% of individuals were observed on palms. At the atoll scale this  
258 habitat preference led to strong variation in bird abundance based on the  
259 dominance of coconut palms on a given islet (Young et al. 2010a; Fig 2). This  
260 variation in bird abundance led to strong and pronounced changes in nutrient input  
261 across forest types. In the average native forests, based on estimates of bird biomass  
262 and guano production rates, this equates to between 231 and 635 kg N ha<sup>-1</sup> yr<sup>-1</sup>, and  
263 42 and 105 kg P ha<sup>-1</sup> yr<sup>-1</sup> in native forests (Young et al. 2010a). This is a rate  
264 equivalent to heavily industrialized fertilization, and represents 10-20 times more  
265 nitrogen and 10-18 times more phosphorous input than comparable coconut palm  
266 forests.

267

268 Not surprisingly, this difference in nutrient input leads to strong depletion in plant  
269 available nutrients. Soil analyses from coconut palm-dominated sites (those with  
270 >75% coconut biomass) and native-dominated sites (those with <25% coconut  
271 biomass) showed plant available nutrients 40-82% lower in palm forests (NO<sub>3</sub><sup>-</sup> :  
272 82%, PO<sub>4</sub><sup>-</sup> : 73%, and NH<sub>4</sub><sup>+</sup> : 40%) (Young et al. 2010a). There are also strong and  
273 significant differences in trace element abundance (Al, B, K, Mo, Si); four of these  
274 five elements showed significant declines, ranging from 60 to 95% reductions in  
275 palm forests (one, Mo, showed significant increases in palm forests) (Fig 2) (Young  
276 et al. 2010b). Soil pH was slightly elevated in palm forests, likely due to the lack of  
277 significant inputs of acidic bird guano, and soil organic matter was greatly decreased  
278 in the palm forests. The bird origin of the differences in soil nutrients can be traced  
279 using natural abundance of stable isotopes, because seabirds have a distinctively

280 high  $\delta^{15}\text{N}$  signature, due to their high trophic position. Accordingly, soils in palm-  
281 dominated islets have substantially lower values of  $\delta^{15}\text{N}$  (Fig 3).

282

283 While the observational nature of our work in this system often makes it difficult to  
284 assign causality, for soil nutrients, the artificial islets created by the military during  
285 World War II provide a valuable opportunity to examine causality. All artificial islets  
286 were created in a short time window from nutrient-poor coral rubble dredge  
287 tailings and are of similar origin and have similar elevations and essentially no  
288 topography. On artificially created islets that were subsequently colonized by  
289 coconut palms, plant available soil nutrients are lower than on natural coconut  
290 palm-dominated islets, suggesting that the original dredge materials have received  
291 very little nutrient enrichment over the past 60 years. In contrast, artificial native  
292 vegetation-dominated islets now have nutrient profiles indistinguishable from  
293 natural native vegetation-dominated islets, presumably due to high levels of bird  
294 inputs in both systems (Young et al. 2010a). Combined with the isotopic data, this  
295 suggests that increased palm dominance is a cause of, rather than a response to, the  
296 differences in soil nutrients across sites.

297

298 The changes in soil nutrients caused impacts on plant foliar nutrients as well. Two of  
299 the three dominant tree species on the atoll (*C. nucifera* and *H. foertherianum*) show  
300 significant decreases in foliar N (20% and 15% respectively) when they occur in  
301 high density coconut palm forests as compared to native forests (Young et al.  
302 2010a). This is consistent with results from a range of other seabird-dominated

303 ecosystems, which show strong effects of changes in seabird density on both soil  
304 and foliar nutrient concentrations (Mulder et al. 2011).

305

306 Not surprisingly, these dramatic changes in soil nutrients in palm forests affected  
307 not only plant nutrients, but also plant growth (detailed below under abiotic  
308 feedbacks) and entire site productivity. Since it is challenging to directly measure  
309 field productivity in tropical forests (Clark et al. 2001; Litton et al. 2007),  
310 productivity was instead estimated using greenhouse experiments that measured  
311 the amount of biomass, and particularly nitrogen-rich biomass produced, for one  
312 plant species found across nearly all islets (the grass *Eleusine indica* (L.) Gaertn.,  
313 1788) from soils taken from islets with various densities of palm invasion. These  
314 experiments showed that 10% of variation in total biomass and 50% of the variation  
315 in the foliar nitrogen produced (grams foliar nitrogen meters<sup>-2</sup> month<sup>-1</sup>) in  
316 controlled conditions could be predicted based solely on the abundance of coconut  
317 palms in the system where soils were sampled (Young et al. 2013a). These  
318 controlled estimates of productivity were tightly correlated to more standard  
319 measures of productivity in tropical ecosystems, such as litter throughfall inputs, for  
320 the subset of sites where this information was available (Young et al. 2013a).

321

322 Herbivory on established plants was also impacted. Herbivores are known to prefer  
323 high-nutrient plant material, and on Palmyra, this resulted in lower herbivory rates  
324 in palm forest-dominated systems. Rates of herbivory (within three native species)  
325 in palm-dominated forests were 3 to 4 times lower than in native-dominated

326 forests. Similarly, common Palmyra herbivores (two species, an insect and a crab)  
327 subjected to cafeteria-style trials preferred *P. grandis* leaves from native forests to  
328 the same species from coconut palm forests (Young et al. 2010a). Herbivores prefer  
329 native species over palms, since coconut palms have notably unpalatable leaf tissue,  
330 with low specific leaf area, low nutrient content, and very high carbon and silica  
331 content in comparison to all of the dominant native plant species on Palmyra  
332 (Marschner 1995; Young et al. 2011). Combined with lowered nutrient levels within  
333 native species in palm-dominated forests, palm forests, thus, are likely of low value  
334 to many herbivores (Young et al. 2010a).

335

### 336 **Community Effects: Consumer Communities**

337 Given the strong direct and indirect effects that coconut palms have on forest  
338 structure, plant growth rates, nutrient availability, and herbivory, it is thus  
339 unsurprising that these changes cascade to impact a wide range of consumers, from  
340 direct plant consumers (e.g. herbivorous insects) to species with only indirect links  
341 to forest dynamics (e.g. rat stomach parasites, and pelagic manta rays). The effects  
342 include not only changes in abundance, but also changes in ecology, behavior and  
343 body condition. These responses appear to be partly driven by direct effects of  
344 changes in forest structure, food type, and habitat availability on composition of  
345 consumer communities in regions altered by the invasive palm. However, these  
346 direct effects are compounded by, and often superseded by the indirect effects of  
347 palm abundance on site productivity, driven by changes in seabird-derived  
348 nutrients. Essentially the decreased availability of energy at the bottom of the food

349 web in palm forests has bottom-up effects that percolate through multiple trophic  
350 levels, and ultimately transforms and simplifies the entire structure of food webs in  
351 coconut palm-dominated forests.

352  
353 Invertebrates are the most abundant and diverse group on the atoll; the group also  
354 includes many herbivorous and detritivorous species. As such they are a natural  
355 first group to examine for consumer responses to changes in palm dominance.  
356 Trapping of ground-dwelling invertebrates showed a strong change in composition  
357 across forest types. Specifically, Isopoda and Formicidae decrease dramatically in  
358 palm forests while Amphipoda show strong increases in palm forests (Briggs et al.  
359 2012). Trapping of flying invertebrates –e.g. Diptera, Lepidoptera, Hymenoptera–  
360 also revealed decreases in diversity and species richness in low productivity, largely  
361 palm-dominated islets. There was also a tendency for the number of individuals to  
362 decline with increasing coconut palm density, but this pattern was only marginally  
363 significant ( $P = 0.07$ ,  $R^2 = 0.18$ ). However, other insect taxa (*Dysmicoccus* sp., Order:  
364 Hemiptera; *Phisis holdhausi* Karny 1926, Order: Orthoptera), which were surveyed  
365 using targeted visual surveys, showed marked decreases in abundance in low  
366 productivity, palm-dominated islets (Young et al. 2013a).

367  
368 These changes in abundance and composition of prey also trickle up to impact  
369 predator communities. Among the most abundant predators groups (and some of  
370 the few terrestrial vertebrates at Palmyra) are two species of geckos from the  
371 *Lepidodactylus* genus. These geckos are top predators on the atoll and are both



372 abundant and pervasive in the system. The abundance of geckos did not change  
373 across forest types, but the diets of the two species were very different in palm  
374 forests than in native forests. These diet differences closely paralleled changes seen  
375 in the invertebrate community at large; gecko diets in palm-dominated forests  
376 tended to be lower in diversity, with a higher abundance of amphipods (family  
377 Talitridae), and reduced abundance of isopods (family Philosciidae) and ants (family  
378 Formicidae) (Briggs et al. 2012).

379  
380 Beyond these dietary changes, both gecko species showed significant reductions  
381 (17-19%) in body condition (mass per snout-ventral length (mg/mm)) in palm-  
382 dominated forests as compared to native-dominated forests. In this case, analysis  
383 suggested that these body condition effects were best explained by structural  
384 variation across forest types; mean stem size, not nutrient availability, was the best  
385 explanatory variable for changes in body condition (Briggs et al. 2012). One species  
386 of gecko (*L. lugubris*) and one other common predator, an abundant spider  
387 (*Heteropoda venatoria* Latreille 1804) also had statistically larger body sizes on  
388 more productive islets (Briggs et al. 2012; Young et al. 2013a). Larger animals are  
389 likely able to forage more effectively in structurally open habitats and may also be  
390 able to more effectively competitively exclude smaller conspecifics in areas with less  
391 structure.

392  
393 Even parasites of these free-living consumers appear to be impacted. From its  
394 introduction in the middle of the 20<sup>th</sup> century during US military occupation until

395 2011 when an atoll-wide eradication effort was completed, the roof rat (*Rattus*  
396 *rattus* Linnaeus 1758) was the only other large terrestrial vertebrate predator on  
397 the atoll. In 2009, rats were surveyed across 13 islets, and a subset (n = 169) was  
398 dissected for parasites. While rat abundance is difficult to survey in these complex  
399 habitats, catch per unit effort showed no effect of the dominance of coconut palms  
400 on the abundance, size, or body condition of rats (Lafferty et al. 2010). However, the  
401 intensity of infestation with the stomach nematode, *Mastophorus muris* Gmelin 1790  
402 strongly and significantly increased in palm-dominated habitats (15 worms per rat  
403 versus 2 in native-dominated forests). The reason for this was not established, but  
404 as *M. muris* requires an insect intermediate host, changes in insect community in  
405 palm dominated forests may change the availability of this host. Changes in  
406 microclimate or microhabitat might also change survivorship for free-living stages  
407 in this nematode.

408  
409 Perhaps most surprisingly, the effects of increased coconut palm dominance even  
410 percolate into surrounding marine ecosystems. A study looking at how increases in  
411 palm-dominance might impact lagoon dynamics found that nitrogen in runoff was  
412 26.5 times higher off coastlines of native- as compared to palm-dominated forests.  
413 Phytoplankton growth rates in surrounding waters, measured using moored, in-situ,  
414 phytoplankton growth chambers along the coast of palm- and native forest-  
415 dominated islets, showed significant declines in productivity near palm forests. This  
416 then led to decreases in biomass and body size of an important group of  
417 zooplankton, Copepoda, around palm-dominated sites. This, in turn, affected the

418 foraging ecology of at least one large obligate plankton consumer, the giant manta  
419 ray (*Manta birostris* Wallbaum 1792), which was recorded to forage more regularly  
420 along the coastlines of native-dominated forests as compared to the surrounding  
421 coconut palm-dominated islets. Isotopic tracing of nutrients at each of the steps  
422 along this pathway demonstrates that this effect is largely driven by bird-derived  
423 nutrients (McCauley et al. 2012). This observation remains a rare example of how an  
424 invasive plant species can influence the behavior of large marine fish and  
425 demonstrates the extreme ecological distances that changes engineered by invasive  
426 species can propagate to, affecting both land and sea.

427

428 While each of these effects on consumers is itself noteworthy, the most compelling  
429 demonstration of the strong and pervasive effects of increased palm dominance on  
430 consumer communities comes from isotopic analysis of food chain length across  
431 islets. In this work, isotopes are used to estimate trophic position of a range of  
432 consumers, from herbivores to top predators, after correcting for site-level  
433 differences in isotopic baseline. It was found that higher-level consumers occupy  
434 relatively higher trophic positions when found on native forest-dominated islets  
435 than on palm-dominated islets (Fig 3). The magnitude of this effect is larger for  
436 carnivores than for herbivores, suggesting that small changes in trophic dynamics  
437 accumulate up the food chain, driven by the aggregated effects of higher levels of  
438 reduced productivity at the bottom of the food chain (Young et al. 2013a). In  
439 aggregate, these small changes in trophic positions, likely the result of subtle  
440 changes in foraging ecology and behavior, lead to strong changes in overall food web

441 structure. Indeed, there is a strong negative relationship between coconut palm  
442 dominance and food chain length (Fig 4), with food webs in palm-dominated islands  
443 (>75% coconut palm basal area) lacking more than two trophic levels represented  
444 on native-dominated islets.

445

#### 446 **Abiotic feedbacks**

447 There are several examples of invasive species that alter abiotic or biotic conditions  
448 in ways that then facilitate their own further encroachment, or the further  
449 establishment of other invasive species. For example, the invasion of ice plant  
450 (*Mesembryanthemum crystallinum* Linnaeus 1753) on Santa Barbara Island  
451 accumulates salt, which makes an osmotic environment intolerable to native plants  
452 but highly suited to the ice plant as well as to other weedy invasives (Vivrette and  
453 Muller 1977). In a similar fashion, *Morella faya* Wilbur 1994, an introduced  
454 nitrogen-fixing leguminous shrub, alters soils in a manner that fosters further  
455 invasion by *M. faya*, as well as by the introduced strawberry guava (Vitousek 1986;  
456 Hughes et al. 1991), introduced earthworms (Aplet 1990), and Japanese white-eye  
457 birds (Vitousek and Walker 1989). These positive feedback loops not only  
458 facilitate the advance of invasion (the controversial “invasion meltdown”  
459 hypothesis; O’Dowd et al. 2003), but also make it much more likely to see entire  
460 ecosystem state changes following invasion (O’Dowd et al. 2003; Simberloff 2006)  
461  
462 We found evidence for several such feedback loops in the Palmyra system. First,  
463 and perhaps most critically, the effects of the loss of bird-derived nutrients in palm-

464 dominated sites appeared to disproportionately impact recruitment and growth of  
465 native plants, creating a feedback loop that entrenches persistence of the invasive.  
466 This feedback likely partially explains the tendency for local monodominance by  
467 coconut palms and also facilitates their further spread. The disproportionate impact  
468 of reduced guano input on native species was initially demonstrated through  
469 nursery greenhouse fertilization experiments, which grew seedlings of coconut  
470 palms and the three most common native species (*P. grandis*, *S. taccada*, and *H.*  
471 *foertherianum*) in controlled environments, that varied only in the amount of  
472 nutrient inputs they received; these nutrient levels simulated low, moderate, and  
473 high densities of birds at Palmyra. The addition of nutrients had much stronger  
474 effects on growth, nutrient concentration, and chlorophyll levels for common native  
475 trees than for coconut palms. All three native trees showed substantial differences  
476 in above ground biomass (at least double over the first three months of growth) as  
477 well as strong increases in chlorophyll concentration when exposed to fertilization  
478 rates simulating high or moderate as compared to low densities of birds (Young et  
479 al. 2011). In contrast, coconut palms showed no differences across treatments in  
480 either above ground biomass or chlorophyll concentration, even after 180 days of  
481 treatment (Young et al. 2011) .

482

483 The greenhouse results were paralleled by results in the field, where outplanted  
484 seedlings of native species grew approximately three times larger over the course of  
485 one year in native-dominated forests than in palm-dominated forests. In contrast,  
486 coconut palm seedlings experienced only a very small increase in growth rates

487 (<10%) when grown in more nutrient rich native-dominated forests as compared  
488 with growth in palm-dominated forests (Young et al. 2013b). Cumulatively, these  
489 results suggest a feedback loop where the nutrient depletions that occur as a result  
490 of coconut palm establishment have a disproportionately negative effect on native  
491 plants, giving a competitive advantage to coconut palm seedlings that are  
492 comparatively tolerant to low nutrient conditions.

493  
494 In addition to the effects the invasive coconut palms have on nutrients, they also  
495 seem to affect water availability. Coconut palms use a considerable amount of water  
496 and appear to be strong competitors for water (Jayasekara and Jayasekara 1993;  
497 Roupsard et al. 2006; Gomes and Prado 2007; Krauss et al. 2015). Accordingly,  
498 native plants experience significantly reduced water use when in proximity to  
499 coconut palms, likely due to aggressive use of water by coconut palms. *Pisonia*  
500 *grandis* appeared to exhibit some stress from this water competition, as  
501 demonstrated by 46-63% reductions in sap flow when growing near coconut palms,  
502 as compared to growing in native-dominated stands (Krauss et al. 2015). This may  
503 be particularly important to native tree survivorship in dry years, when drought  
504 may significantly stress native trees (Krauss et al. 2015). As with negative effects of  
505 coconut palms on nutrients, this thus appears likely to create a regime whereby  
506 palm encroachment changes abiotic conditions that disproportionately and  
507 negatively impact native plants.

508

509 **Biotic Feedbacks**

510 In addition to the abiotic feedback loops, there appear to be at least two biotic  
511 feedback loops that occur: 1) via increases in patterns of seed and seedling  
512 predation on native species in palm-dominated forests and 2) via increases in  
513 litterfall damage rates to seedlings in palm-dominated forests. Based on camera trap  
514 surveys of seed predation events, most seed and seedling mortality on Palmyra is  
515 driven by highly abundant land crab species. This is common in many tropical and  
516 coastal ecosystems, where consumption from land crabs can be critical in  
517 structuring forest communities (Green et al. 1997; Lindquist and Carroll 2004;  
518 Lindquist et al. 2009). These crabs are highly effective seed and seedling predators.  
519 In seed predation experiments, more than 95% of seeds from the common small-  
520 seeded native trees (*H. foertherianum*, *P. grandis*, and *S. sericea*) were predated  
521 within one month of placement (Young et al. 2013b). However, these already high  
522 rates of seed predation increased dramatically –to upwards of 99%- in palm-  
523 dominated forests. Consequently, the native seeds placed in unprotected locations  
524 in invasive coconut palm forests never successfully germinated, while germination  
525 was repeatedly observed (albeit at low rates) in native forests. Similarly, for  
526 unprotected transplanted seedlings of these common native tree species, less than  
527 5% survived in coconut palm-dominated forests within one year while 36%  
528 survived through this first year in native forests. In contrast, coconut seeds and  
529 seedlings suffered very low total rates of seed (0-5% within one month) and  
530 seedling (4 to 13% within 1 year) predation in either forest type; and the rates were  
531 actually significantly reduced in coconut palm-dominated as compared to native-  
532 dominated forests (Young et al. 2013b). The net effect is that native plants

533 experience dramatically reduced rates of growth (leaf area per plant; Fig 5) and  
534 establishment in native forests, while coconut palms experience little negative  
535 consequences (Fig 5) and, indeed, likely perform even better when in palm-  
536 dominated forests when both seed and seed predation effects are included.  
537 Mathematical simulations suggest this feedback mechanism alone is sufficient to  
538 drive near total replacement of most native species, and can create the  
539 monodominant structure of coconut palms that is empirically observed at Palmyra  
540 and elsewhere (Young et al. 2013b). Given the slow rates of natural encroachment  
541 of coconut palms, this in turn, leads to a patchy landscapes with higher than  
542 anticipated levels of beta diversity, and low levels of alpha diversity (Young et al.  
543 2013b).

544

545 The high dominance of coconut palm also provides a second source of elevated  
546 seedling mortality via high rates of seedling damage caused by heavy falling palm  
547 fronds and palm nuts (e.g. mean nut size >1.5 kg). Litterfall inputs were measured  
548 to be 5 times higher in coconut forests (mean 2.3 kg per month) than in native  
549 forests (mean 0.4 kg per month) (Young et al. 2014). Using artificial seedlings made  
550 of wire and straws to record damage rates, we found that severe damage rates to  
551 seedlings were more than three times higher in palm forests (16.1%) than in native  
552 forests (4.9%) (Young et al. 2014). Tree species are known to vary in their ability to  
553 resist and recover from litterfall damage (Gilman et al. 2003; Peters et al. 2004).  
554 Given the much larger and stronger stem size of *C. nucifera* as compared to that of  
555 other native species, we expect that, as in other palm forests (Gillman et al. 2003;



556 Peters et al. 2004) this dramatic increase in litterfall damage will disproportionately  
557 impact the survivorship and recruitment of smaller-stemmed and thus more  
558 vulnerable native species. Invasive palm litterfall damage is yet another important  
559 factor that contributes to the near total lack of native species recruitment  
560 underneath coconut palm canopies.

561

## 562 **Conclusion**

563 The Palmyra system, with its relatively long-term historical time period and  
564 replicated islets, offers important insight into the diverse pathways and complex  
565 dynamics by which invasive species affect ecosystem structure and function across  
566 entire landscapes. While knowledge of the impacts on invasive species on  
567 ecosystems has grown rapidly in the past several decades (Ehrenfeld 2010; Vila et  
568 al. 2011; Pysek et al. 2012; Gaertner et al. 2014), there are still gaps in the  
569 understanding of such impacts and their underlying driving factors. The Palmyra  
570 palm example addresses a few, including: 1) how invasive species lead to regime  
571 shifts, 2) the long time frame needed to fully understand invasive species impacts,  
572 and 3) novel and interacting higher-order mechanisms and effects of invasion.

573

574 Coconut palms have transformed the forest community, altered nutrient profiles,  
575 changed the abundance and ecology of consumers across trophic levels, and altered  
576 the magnitude and direction of species interactions. Coconut palms act as many  
577 ecosystem engineers (sensu Jones et al. 1994) do; by creating a habitat more  
578 suitable to their survival than the survival of other species (Cuddington and

579 Hastings 2004). Through these effects, they perpetuate and extend their dominance  
580 throughout Palmyra, a trend that is likely to have occurred or be occurring in many  
581 island systems where coconut palms are invasive across the tropics. As these palms  
582 may have created alternative stable states in invaded systems it is not clear if  
583 eradication would lead to restoration of original forests; more research is thus  
584 needed to inform management of these sites. However, any new plantings of  
585 coconut palms in other sites, particularly where seabird colonies occur, should be  
586 carefully considered in light of the risk of strong ecological ramifications, and  
587 managers in lightly invaded sites should strongly consider removal of these palms  
588 before invasion proceeds further. Notably, the case of the coconut palm expansion is  
589 now being mirrored (and overshadowed) by the recent global proliferation of the  
590 African oil palm (*Elaeis guineensis*), now being cultivated on between 13 and 16  
591 million ha worldwide (Fitzherbert et al. 2008). Impacts of coconut palm expansion  
592 may serve as an “ecological harbinger” of some effects now occurring with the rapid  
593 expansion of oil palm.

594  
595 As an historical invasion, coconut palms have been present and invasive on the  
596 Palmyra landscape long enough (likely present for at least 1,500 years, and actively  
597 expanding for at least the last 50-150 years) to result in process shifts that play out  
598 over both short and long ecological time spans. For instance, while the interruption  
599 of seabird nutrient inputs at small scales was likely relatively abrupt, the associated  
600 trickle down effects to other consumers and to island-scale nutrient budgets very  
601 likely has taken many years to develop. This case study thus suggests that modern

602 invasions may lead to large-scale changes that will last and extend across  
603 landscapes and seascapes.  
604

605 The Palmyra system also highlights the rich and diverse mechanisms by which  
606 impacts occur, including several relatively novel mechanisms. While some  
607 ecosystem impacts of invasive species have been fairly robustly documented  
608 (including a tendency to cause nutrient enrichment and change nutrient cycling  
609 (Ehrenfeld 2010)), the Palmyra example illustrates that structural changes (forest  
610 canopy, litter, and understory in this case) are important impacts that can lead to  
611 large-scale change. And while coconut palm invasion does ultimately lead to  
612 substantial changes in nutrient regimes and cycling, it is through different feedbacks  
613 than are commonly cited (usually nitrogen fixation, litter, and soil biota (Gaertner et  
614 al. 2014)). Additionally, while some studies highlight the indirect effects of invasive  
615 species, these have generally occurred via top-down forces and trophic cascades  
616 (Estes and Palmisano 1974; Croll et al. 2005). The coconut palm example illustrates  
617 that these indirect effects can have complex pathways dictated by bottom-up as well  
618 as top-down processes. Future studies should, then, focus on broadening the  
619 definition of ecosystem-level impacts, and be more ambitious in the search for  
620 tracing the diverse pathways through which this change can be engineered.

621 Undertaking this effort will help bring to light the true ecological extent by which  
622 invasive species influence ecosystems, the deep temporal reach by which this  
623 change becomes manifest, and the complex biotic and abiotic interrelationships that  
624 give rise to these effects.

625

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636 **FIGURE CAPTIONS:**

637

638 Fig 1: All work was conducted at Palmyra atoll (A), within the different islets, which  
639 vary strongly in dominance by coconut palms, and are used as replicates. The native  
640 community of trees, dominated by *P. grandis* and *H. foertherianum* (B), have been  
641 replaced in many areas with nearly monodominant stands of coconut palms (C).  
642 These palm forests are structurally transformed, with higher stem density and total  
643 basal area, more standing litter, and dense seedling canopies composed almost  
644 entirely of coconut palms. Many islets are now nearly completely dominated by  
645 coconut palms (D). Photo credits: Kydd Pollock (A) and Hillary Young (C-E)

646

647 Fig 2: A change from low (<25%) to high (>75%) dominance of coconut palms (as  
648 proportion of basal area) transforms plant communities (Panel A), causing increases  
649 in number seedlings (SEED), stem density (SD), total standing basal area (BA),  
650 standing litter (LITT), density of herbaceous cover (HERB), and strong declines in  
651 plant diversity. Through strong negative impacts on birds (BIRD, panel C), this  
652 causes radical changes in ecosystem nutrient dynamics (Panel B) including strong  
653 declines in soil nitrate (NO<sub>3</sub>-), ammonium (NH<sub>4</sub>+), phosphate (PO<sub>4</sub>-), bulk nitrogen,  
654 soil organic matter (OM), aluminum (Al), boron (B), potassium (K), and silica (Si),  
655 while modestly increasing soil pH (pH) and molybdenum (Mo). These changes in soil  
656 nutrients, particularly nitrogen, affect plant nutrients, including percent foliar  
657 nitrogen (%N fol) as well as nitrogen in runoff (%N run). The combination of  
658 physically changed plant communities and chemically changed soil parameters

659 alters abundance of a wide range of consumers (Panel C) including zooplankton  
660 (ZOO), manta rays (MR), parasitic nematodes (NEM), isopods (ISO), ants (FORM),  
661 and amphipods (AMPH). It also impacts a range of other consumer parameters such  
662 as body size of two species of geckos (LL-S and LNs-S) and one abundant spider  
663 species (SPID-S) and the diet diversity of one gecko species (LL-diet). These changes  
664 cumulatively cause a suite of negative feedbacks to native plants (Panel D),  
665 including via physical processes such as increased litterfall (LF), and biological  
666 processes such as increased seed predation (SP-N) and seedling (SE-N) predation on  
667 natives (SP-N), but decreased seed and seedling predation on coconut palms (SP-C  
668 and SE-C), decreased growth rates (GR) of native species, and increased water stress  
669 as indicated by sap flow (SF). All differences shown here are significant and are  
670 discussed in text in more detail. Specific references for each response are provided  
671 in SI 1.

672  
673 Fig 3: Isotopes of nitrogen in soils (unfilled squares) and plants (unfilled diamonds)  
674 indicate that the sources of nitrogen in native-dominated islets (red) are different  
675 than those in palm- (*Cocos nucifera*) dominated forests (blue), likely driven by the  
676 higher relative importance of high-trophic level guano-derived nutrients in native  
677 forests. The difference between consumer nitrogen isotopes across forest types is  
678 much stronger than that seen in plants and soils, indicating not only a different  
679 source of nitrogen, but differences in feeding ecology of consumers, or differences in  
680 overall food web structure on native-dominated islets. The four consumers shown  
681 are some of the most abundant top predators and include two species of geckos –

682 *Lepidactlyus lugubris* (triangles) and *Lepidactlus ns* (circles), a spider Heteropoda  
683 venatoria (diamonds), and the roof rat, *Rattus rattus* (squares, now eradicated from  
684 the atoll).

685

686 Fig 4: Increases in coconut palms (*C. nucifera*) affect abundance, diversity and body  
687 size of many consumer groups, largely through their effects on site productivity.

688 These effects trickle up to drive changes in entire food web structure, reflected in a  
689 significant decline in total food chain length with coconut palm abundance.

690

691 Fig 5: Increased rates of herbivory, litterfall damage, and seedling predation,  
692 combined with lower rates of soil nutrients in palm-dominated forests combine to  
693 cause greatly reduced survivorship and growth (leaf area per plant) for  
694 transplanted seedlings, after two years, for native *Pisonia grandis* (A). In contrast,  
695 there is no significant effect of forest type on growth or survivorship of transplanted  
696 coconut palms across forest types (B) (from Young et al. 2013). Combined with  
697 differential seed predation for native versus coconut palm plants in palm-dominated  
698 forests, this creates a negative feedback loop making it difficult for native plants to  
699 persist in palm-dominated forests

700

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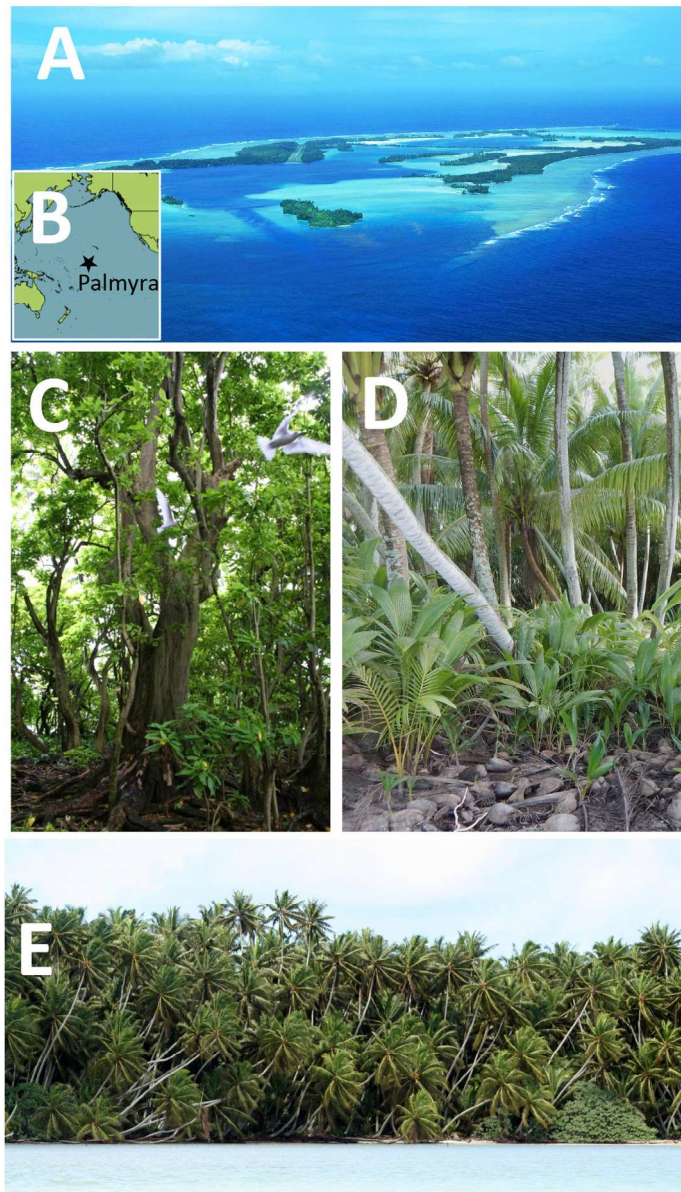
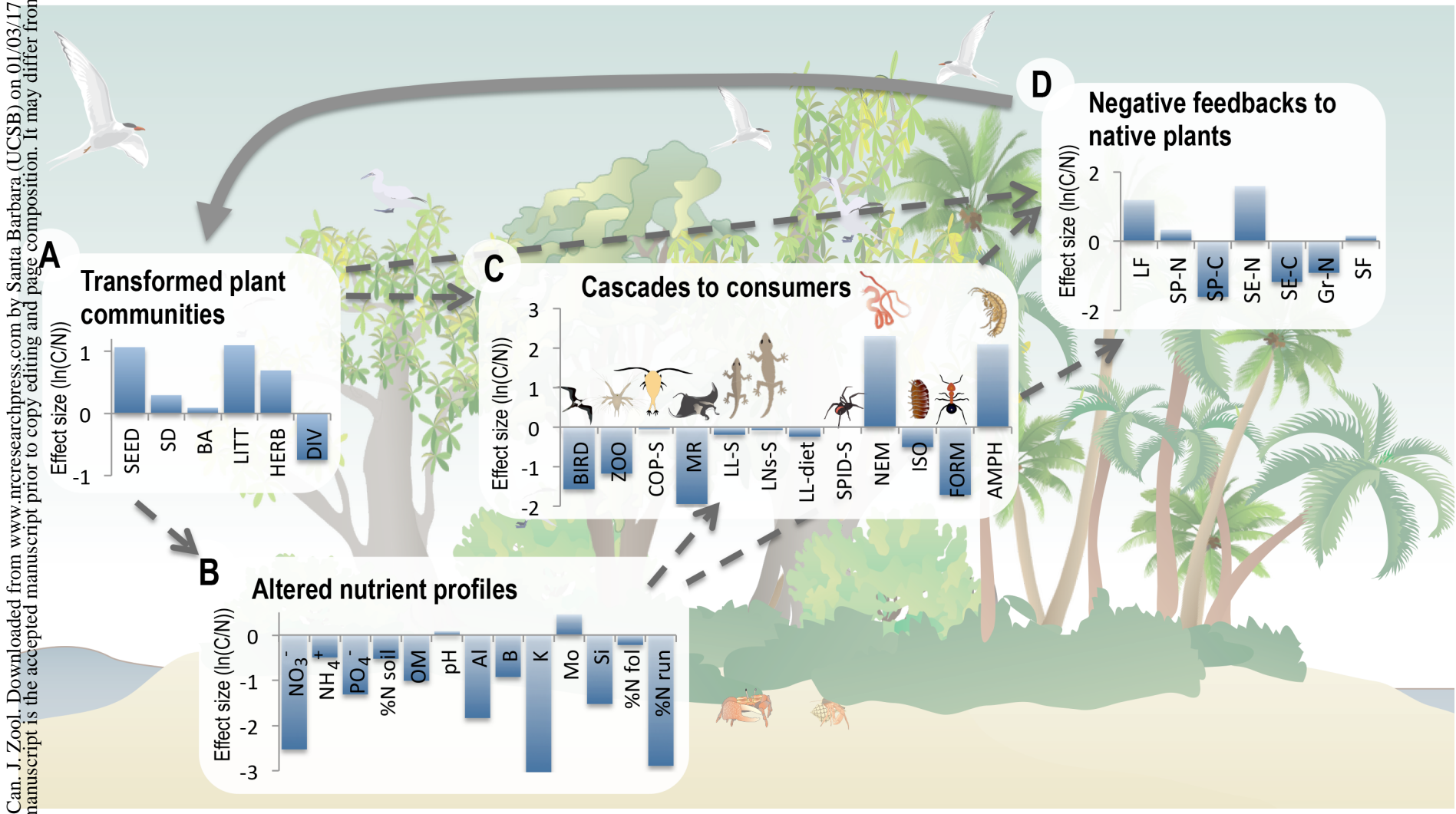


Fig 1: All work was conducted at Palmyra atoll (A), in the central Pacific Ocean (B), within the different islets, which vary strongly in dominance by coconut palms, and are used as replicates. The native community of trees, dominated by *P. grandis* and *H. argentea* (C), have been replaced in many areas with nearly monodominant stands of coconut palms (D). These palm forests are structurally transformed, with higher stem density and total basal area, more standing litter, and dense seedling canopies composed almost entirely of coconut palms. Many islets are now nearly completed dominated by coconut palms (E). Photo credits: Kydd Pollock (A) and Hillary Young (C-E)

107x186mm (300 x 300 DPI)



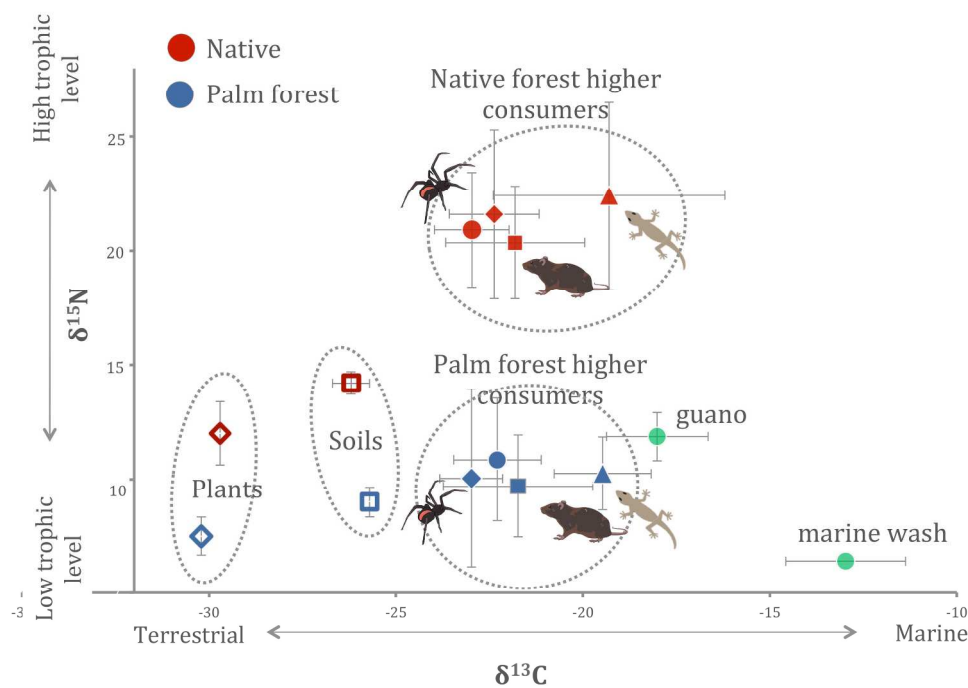
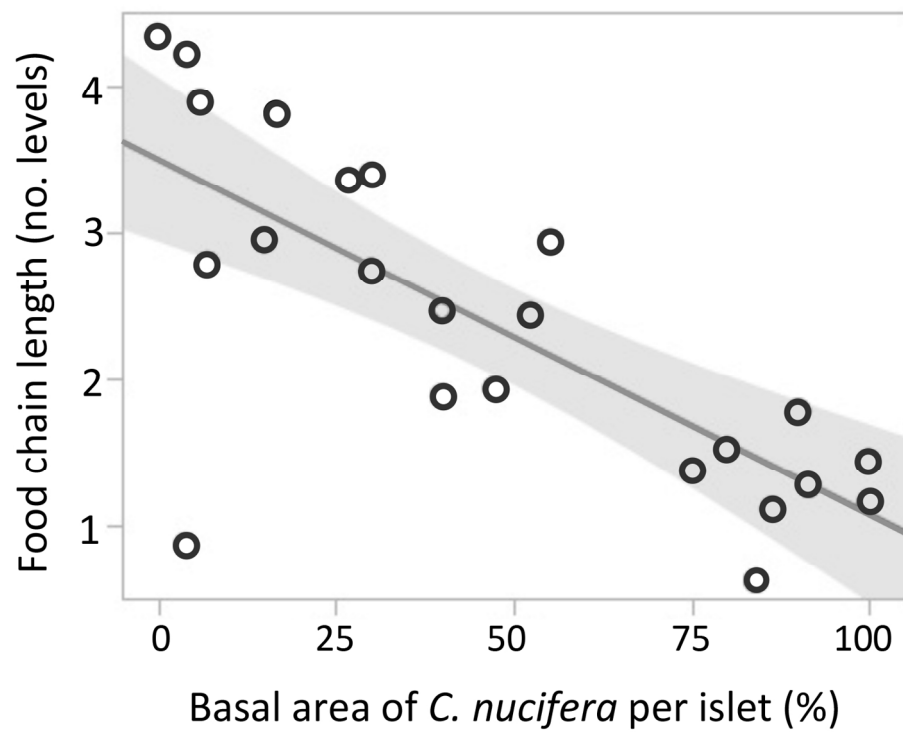


Fig 3: Isotopes of nitrogen in soils (unfilled squares) and plants (unfilled diamonds) indicate that the sources of nitrogen in native-dominated islets (red) are different than those in palm- (*Cocos nucifera*) dominated forests (blue), likely driven by the higher relative importance of high-trophic level guano-derived nutrients in native forests. The difference between consumer nitrogen isotopes across forest types is much stronger than that seen in plants and soils, indicating not only a different source of nitrogen, but differences in feeding ecology of consumers, or differences in overall food web structure on native-dominated islets. The four consumers shown are some of the most abundant top predators and include two species of geckos – *Lepidactylus lugubris* (triangles) and *Lepidactylus* ns (circles), a spider *Heteropoda venatoria* (diamonds), and the roof rat, *Rattus rattus* (squares, now eradicated from the atoll).

233x162mm (300 x 300 DPI)



Increases in coconut palms (*C. nucifera*) affect abundance, diversity and body size of many consumer groups, largely through their effects on site productivity. These effects trickle up to drive changes in entire food web structure, reflected in a significant decline in total food chain length with coconut palm abundance.

144x109mm (300 x 300 DPI)

